

Process for DNA Analysis

23andMe.com

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! 23andMe provides ancestry-related genetic reports and uninterpreted raw genetic data. We no longer offer our health-related genetic reports. If you are a current customer please go to the [health page](#) for more information. [Close alert.](#)

welcome to you

Find out what your DNA says about you and your family.

- Learn what percent of your DNA is from populations around the world
- Contact your DNA relatives across continents or across the street
- Build your family tree and enhance your experience with relatives

[order now](#) **\$99**

Order the Kit and return saliva sample

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Getting started is simple.
Learn more about your ancestry today. [order now](#)

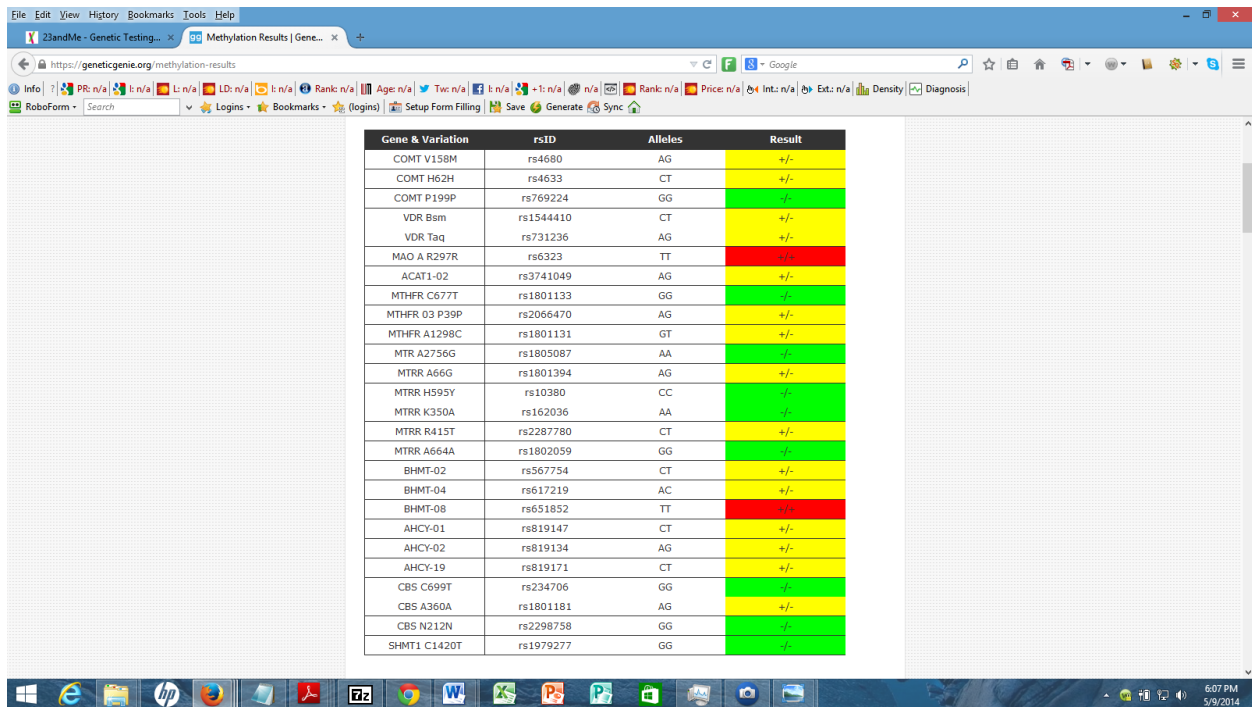
- 1 Order**
Start by ordering your DNA kit from our online store.
We ship [internationally](#).
- 2 Register**
When it arrives, be sure to register your specific bar code number so we can process your results.
- 3 Send**
Our DNA kit includes detailed instructions on how to provide your saliva sample. Once completed, send your kit back to us in the pre-paid packaging provided.

Wait several weeks for the lab to process your sample and the raw data results to appear in your account.

Provide us your Login, Password, and “Secret Answer” to your account so we can download the data.

An Academy of Functional Medicine and Genomics representative will email you the final report of your SNPs (single nucleotide polymorphisms) which will look similar to the report shown below. An Educational Wellness Assessment will then be scheduled by phone with Dr. Chas or one of the Academy experts, in which personalized suggestions for changing your lifestyle, diet, nutritional status and other suggestions will be presented in order to change the genetic expression of your SNPs found on testing.

An Educational Wellness Assessment report will be forwarded to you and also to your physician or health care provider if you wish. Generally it is recommended that you review this report with your physician or healthcare professional before putting any of these recommendations into effect.



Gene & Variation	rsID	Alleles	Result
COMT V158M	rs4680	AG	+/-
COMT H62H	rs4633	CT	+/-
COMT P199P	rs769224	GG	+/-
VDR Bsm	rs1544410	CT	+/-
VDR Taq	rs731236	AG	+/-
MAO A R297R	rs6323	TT	+/-
ACAT1-02	rs3741049	AG	+/-
MTHFR C677T	rs1801133	GG	+/-
MTHFR D3 P39P	rs2066470	AG	+/-
MTHFR A1298C	rs1801131	GT	+/-
MTR A2756G	rs1805087	AA	+/-
MTRR A66G	rs1801394	AG	+/-
MTRR H595Y	rs10380	CC	+/-
MTRR K350A	rs162036	AA	+/-
MTRR R415T	rs2287780	CT	+/-
MTRR A664A	rs1802059	GG	+/-
BHMT-02	rs567754	CT	+/-
BHMT-04	rs617219	AC	+/-
BHMT-08	rs651852	TT	+/-
AHCY-01	rs819147	CT	+/-
AHCY-02	rs819134	AG	+/-
AHCY-19	rs819171	CT	+/-
CBS C699T	rs234706	GG	+/-
CBS A360A	rs1801181	AG	+/-
CBS N212N	rs2298758	GG	+/-
SHMT1 C1420T	rs1979277	GG	+/-

NOTE: An analysis can also be done with other lab results you may have.

Note: The Educational Wellness Assessments sponsored by the Academy of Functional Medicine and Genomics are not intended to be, or to take the place of, a medical evaluation. The Educational Wellness Assessments sponsored by the Academy of Functional Medicine and Genomics are intended to be an educational resource only. There will be no diagnoses made or prescriptions prescribed, and any treatment suggestions such as taking nutritional supplements, should be checked with your medical doctor first to determine if they are compatible with your medical situation. Nothing discussed here is intended to diagnose, prevent or treat any disease or disorder.